



JUNE 2017: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			New York Thursday 1 Upstate Farms® Strawberry Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds New York Apple Slices	2 Cheese Omelet Soft Wrap with Salsa Back to the Roots® Organic Purple Corn Flakes Bowl 100% Fruit Juice
5	6	7	8	9
Beef Sausage & White Cheddar Sandwich Warm Banana Bread 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	Tasty Waffles Served with Syrup Turkey Canadian Bacon 100% Fruit Juice	Anniversary Day Upstate Farms® Cherry Vanilla Yogurt Warm Sunshine Zucchini Bread Fresh New York Apples	Canadian Bacon, Egg & Cheese on an English Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice
12	13	14	15	16
Turkey Bacon, Egg & Cheese Breakfast Toast Warm Cinnamon Apple Bread 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty 100% Fruit Juice	New York Thursday Upstate Farms® Strawberry Banana Yogurt Whole Grain Croissant Honey Roasted Sunflower Seeds New York Apple Slices	Egg & Cheese Pita Back to the Roots® Organic Purple Corn Flakes Bowl 100% Fruit Juice

Summer Menu Kickoff

19	20	21	New York Thursday 22	23
Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit 100% Fruit Juice	Turkey Bacon, Egg & Cheese Breakfast Toast Seasonal Fresh Fruit 100% Fruit Juice	Whole Grain Bagel Served with Jelly and Cream Cheese Seasonal Fresh Fruit 100% Fruit Juice	Upstate Farms® Strawberry Banana Yogurt New York Apple Slices 100% Fruit Juice	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Seasonal Fresh Fruit 100% Fruit Juice
26	27	28	Summer Session Begins 29	30
Eid al-Fitr Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit 100% Fruit Juice	Egg & Cheese Pita Seasonal Fresh Fruit 100% Fruit Juice	Last Day of Classes Whole Grain Croissant with Grape Jelly Land O'Lakes® Mozzarella Cheese Stick Seasonal Fresh Fruit 100% Fruit Juice	Ham Egg & Cheese on a Soft Roll Upstate Farms® Peach Yogurt Fresh New York Apples 100% Fruit Juice	French Toast Sticks Served with Syrup Turkey Canadian Bacon Seasonal Fresh Fruit 100% Fruit Juice

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit (Apples, Oranges, Bananas, Pears), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal

Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

K to 8 Breakfast Menu



MENUS ARE SUBJECT TO CHANGE