




## NOVEMBER 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
	 <p style="text-align: center; color: green; font-weight: bold;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>		<p style="color: green; font-weight: bold;">Yogurt Parfait</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Fresh New York Apples</p>	<p style="color: green; font-weight: bold;">Apple Cinnamon Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>
5	Election Day 6	7	New York Thursday 8	9
<p>Breakfast Kit (5)</p> <p><b>Fruity Cheerios®</b></p> <p>Graham Crackers</p> <p>100% Apple Juice</p>	<p><b>Organic Stonyfield®</b> Yogurt</p> <p>Honey Graham Biscuits</p> <p>Fresh Fruit</p>	<p><b>Whole Grain Bagel</b> with Cream Cheese &amp; Jelly</p> <p>Fresh Fruit</p>	<p style="color: green; font-weight: bold;">Yogurt Parfait</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p style="color: green; font-weight: bold;">New York Apple Slices</p>	<p style="color: green; font-weight: bold;">Honey Corn Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>
12	13	14	New York Thursday 15	16
<p><b>Organic Stonyfield®</b> Yogurt</p> <p>Honey Roasted Sunflower Seeds</p> <p>Craisins</p>	<p>Breakfast Kit (2)</p> <p><b>Sun Butter Cup</b></p> <p>Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p><b>Whole Grain Bagel</b> with Cream Cheese &amp; Jelly</p> <p>Fresh Fruit</p>	<p style="color: green; font-weight: bold;">Yogurt Parfait</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p style="color: green; font-weight: bold;">New York Apple Slices</p>	<p style="color: green; font-weight: bold;">Blueberry Muffin</p> <p>Back to the Roots® Cinnamon Clusters</p> <p>Fresh Fruit</p>
19	20	21	Thanksgiving Day 22	Thanksgiving Break 23
<p>Breakfast Kit (4)</p> <p><b>Apple Cinnamon Cheerios®</b></p> <p>Graham Crackers</p> <p>100% Orange Tangerine Juice</p>	<p><b>Organic Stonyfield®</b> Yogurt</p> <p style="color: green; font-weight: bold;">Banana Muffin</p> <p>Fresh Fruit</p>	<p><b>Whole Grain Bagel</b> with Cream Cheese &amp; Jelly</p> <p>Fresh Fruit</p>	<p style="color: green; font-weight: bold;">Yogurt Parfait</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p style="color: green; font-weight: bold;">Fresh New York Apples</p>	<p style="color: green; font-weight: bold;">Apple Cinnamon Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>
26	27	28	New York Thursday 29	30
<p>Breakfast Kit (5)</p> <p><b>Fruity Cheerios®</b></p> <p>Graham Crackers</p> <p>100% Apple Juice</p>	<p><b>Organic Stonyfield®</b> Yogurt</p> <p>Honey Graham Biscuits</p> <p>Fresh Fruit</p>	<p><b>Whole Grain Bagel</b> with Cream Cheese &amp; Jelly</p> <p>Fresh Fruit</p>	<p style="color: green; font-weight: bold;">Yogurt Parfait</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p style="color: green; font-weight: bold;">New York Apple Slices</p>	<p style="color: green; font-weight: bold;">Honey Corn Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>

<p style="text-align: center; font-weight: bold; text-decoration: underline;">MILK</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">Fresh Fruit</p> <p style="text-align: center; font-weight: bold; text-decoration: underline;">Canned Fruit</p> <p style="text-align: center;">Peaches, Pears, Pineapples</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">OFFERED DAILY</p> <p style="text-align: center; color: yellow;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Breakfast Express / Breakfast in the Classroom Menu</p>	<p style="text-align: center; font-weight: bold; text-decoration: underline;">Cold Cereal Choices</p> <p style="text-align: center;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Clusters</p>
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ATTENTION:  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.