



NOVEMBER 2017: Breakfast Express Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|---|--|---|--|
| | | 1 | New York Thursday 2 | 3 |
| | | Whole Grain Bagel with Cream Cheese & Jelly | Nature Valley™ Oats 'n Honey Granola Bar | Whole Grain Croissant Served with Jelly |
| | | Seasonal Fresh Fruit | Upstate Farms® Yogurt | Back to the Roots Organic Purple Corn Flakes |
| | | | Land O'Lakes® Mozzarella Cheese Stick | Seasonal Fresh Fruit |
| | | | Fresh New York Apples | |
| 6 | Election Day 7 | 8 | New York Thursday 9 | 10 |
| Sun Butter Cup | Back to the Roots® Cinnamon Cluster | Fruity Cheerios® | Nature Valley™ Oats 'n Honey Granola Bar | Sunshine Zucchini Loaf |
| Honey Graham Crackers Grape Jelly | Organic Stonyfield® Yogurt Served with Craisins & Granola | Honey Graham Crackers | Upstate Farms® Yogurt | Back to the Roots Organic Purple Corn Flakes |
| 100% Fruit Juice | 100% Fruit Juice | 100% Apple Juice | Land O'Lakes® Colby Cheese Stick | Seasonal Fresh Fruit |
| | | | Fresh New York Apples | |
| 13 | 14 | 15 | New York Thursday 16 | 17 |
| Apple Cinnamon Cheerios® | Back to the Roots® Cinnamon Cluster | Whole Grain Bagel with Cream Cheese & Jelly | Yogurt Parfait | Honey Corn Loaf |
| Honey Graham Crackers | Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds | Seasonal Fresh Fruit | Land O'Lakes® Cheddar Cheese Stick | Back to the Roots Organic Purple Corn Flakes |
| 100% Orange Tangerine Juice | 100% Fruit Juice | | New York Apple Slices | Seasonal Fresh Fruit |
| 20 | 21 | 22 | Thanksgiving Break 23 | Thanksgiving Break 24 |
| Fruity Cheerios® | Back to the Roots® Cinnamon Cluster | Whole Grain Bagel with Cream Cheese & Jelly | Nature Valley™ Oats 'n Honey Granola Bar | Whole Grain Croissant Served with Jelly |
| Honey Graham Crackers | Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds | Seasonal Fresh Fruit | Upstate Farms® Yogurt | Back to the Roots Organic Purple Corn Flakes |
| 100% Apple Juice | 100% Fruit Juice | | Land O'Lakes® Mozzarella Cheese Stick | Seasonal Fresh Fruit |
| | | | Fresh New York Apples | |
| 27 | 28 | 29 | New York Thursday 30 | |
| Sun Butter Cup | Back to the Roots® Cinnamon Cluster | Whole Grain Bagel with Cream Cheese & Jelly | Nature Valley™ Oats 'n Honey Granola Bar |  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD |
| Honey Graham Crackers Grape Jelly | Organic Stonyfield® Yogurt Served with Craisins & Granola | Seasonal Fresh Fruit | Upstate Farms® Yogurt | |
| 100% Fruit Juice | 100% Fruit Juice | | Land O'Lakes® Colby Cheese Stick | |
| | | | Fresh New York Apples | |

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| <p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> | <p>Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears</p> <p>Canned Fruit Peaches, Pears, Pineapples</p> | <p>OFFERED DAILY</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express / Breakfast in the Classroom menu</p> | <p>Grab and Go Breakfast Pack</p> <p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p> |
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.