



SEPTEMBER 2017: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 4	5	6	First Day of Classes 7	8
<p>Back to the Roots® Cinnamon Cluster</p> <p>Organic Stonyfield® Yogurt</p> <p>Served with Craisins & Granola</p> <p>Seasonal Fresh Fruit</p>	<p>Sun Butter Cup</p> <p>Honey Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Seasonal Fresh Fruit</p>	<p>Nature Valley™ Oats 'n Honey Granola Bar</p> <p>Upstate Farms® Yogurt</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Fresh New York Apples</p>	<p>Sunshine Zucchini Loaf</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>Seasonal Fresh Fruit</p>
11	12	13	New York Thursday 14	15
<p>Apple Cinnamon Cheerios®</p> <p>Honey Graham Crackers</p> <p>100% Orange Tangerine Juice</p>	<p>Back to the Roots® Cinnamon Cluster</p> <p>Organic Stonyfield® Yogurt</p> <p>Honey Roasted Sunflower Seeds</p> <p>100% Fruit Juice</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Seasonal Fresh Fruit</p>	<p>Yogurt Parfait</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>New York Apple Slices</p>	<p>Honey Corn Loaf</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>Seasonal Fresh Fruit</p>
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
<p>Fruity Cheerios®</p> <p>Honey Graham Crackers</p> <p>100% Apple Juice</p>	<p>Back to the Roots® Cinnamon Cluster</p> <p>Organic Stonyfield® Yogurt</p> <p>Honey Roasted Sunflower Seeds</p> <p>100% Fruit Juice</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Seasonal Fresh Fruit</p>	<p>Nature Valley™ Oats 'n Honey Granola Bar</p> <p>Upstate Farms® Yogurt</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Fresh New York Apples</p>	<p>Whole Grain Croissant Served with Jelly</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>Seasonal Fresh Fruit</p>
25	26	27	New York Thursday 28	29
<p>Sun Butter Cup</p> <p>Honey Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p>Back to the Roots® Cinnamon Cluster</p> <p>Organic Stonyfield® Yogurt</p> <p>Served with Craisins & Granola</p> <p>100% Fruit Juice</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Seasonal Fresh Fruit</p>	<p>Nature Valley™ Oats 'n Honey Granola Bar</p> <p>Upstate Farms® Yogurt</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Fresh New York Apples</p>	<p>Sunshine Zucchini Loaf</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>Seasonal Fresh Fruit</p>
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	

<p><u>MILK</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears</p> <p><u>Canned Fruit</u> Peaches, Pears, Pineapples</p>	<p style="text-align: center;"><u>OFFERED DAILY</u></p> <p style="text-align: center;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Breakfast Express / Breakfast in the Classroom Menu</p>	<p style="text-align: center;"><u>Cold Cereal Choices</u></p> <p style="text-align: center;">Grab and Go Breakfast Pack</p> <p style="text-align: center;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.