



OCTOBER 2017: Pre-K - 8 Express Hot Lunch Menu

CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	New York Thursday 5	6
Chicken Parmigiana on a New York Bun Frito-Lay® SunChips® Roasted Zucchini	100% Beef Hamburger & Cheeseburger Sliders Burgers served with Lettuce Tomato & New York Onion Orange Glazed Carrots	"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese, Warm Dinner Roll Broccoli Trees	Jamaican Beef Patty New York Cookie Treat French Fries New York Apple Slices	Pizza Bagel Garlic Knot Chick Pea Salad
9	10	11	New York Thursday 12	13
Popcorn Chicken Dipping Sauce Cup Garlic Toast Sweet Potato Wedge Fries	100% Beef Bacon Cheddar Cheeseburger Burgers served with Lettuce Tomato & New York Onion Chick Pea Salad	Crispy Chicken Sandwich Served with Lettuce Tomato & New York Onion Rold Gold® Hertzels Home Fries	Steamed Chicken Dumplings with Asian Dipping Sauce Egg Roll with Duck Sauce New York Cookie Treat Fresh New York Apples	Pizza Bagel Garlic Knot Kid Friendly Kale Salad
16	17	18	New York Thursday 19	20
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Parmigiana Roasted Cauliflower	Fish & Cheese Sandwich Served with Lettuce, Tomato & New York Onion French Fries	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Sofrito Seasoned Pinto Beans	100% New York Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Fresh New York Apples	Pizza Bagel Garlic Knot Green Garden Salad
23	24	25	New York Thursday 26	27
Chicken Parmigiana on a New York Bun Frito-Lay® SunChips® Roasted Zucchini	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce Tomato & New York Onion Orange Glazed Carrots	"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese, Warm Dinner Roll Broccoli Trees	Jamaican Beef Patty New York Cookie Treat French Fries New York Apple Slices	Pizza Bagel Garlic Knot Chick Pea Salad
30	Happy Halloween 31			
Popcorn Chicken Dipping Sauce Cup Garlic Toast Sweet Potato Wedge Fries	100% Beef Mushroom Swiss Cheeseburger Burgers served with Lettuce Tomato & New York Onion New York Cookie Treat Chick Pea Salad		 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Entree Alternatives • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go	Milk 1% Low-fat Fat Free Fat Free Chocolate Dipping Sauce Cups BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise	OFFERED DAILY Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears No Artificial flavors, colors, or sweeteners in all SchoolFood Products	Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	Pizza and Pasta Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese Pre-K - 8 Express Hot Lunch Menu
---------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------

ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK