



JANUARY 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
Back to the Roots® Cinnamon Cluster Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Fruity Cheerios® Honey Graham Crackers 100% Apple Juice	Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Mozzarella Cheese Stick Fresh New York Apples	Whole Grain Croissant Served with Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit
8	9	10	New York Thursday 11	12
Sun Butter Cup Honey Graham Crackers Grape Jelly 100% Fruit Juice	Back to the Roots® Cinnamon Cluster Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Colby Cheese Stick Fresh New York Apples	Sunshine Zucchini Loaf Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit
Martin Luther King Day 15	16	17	New York Thursday 18	19
Back to the Roots® Cinnamon Cluster Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Apple Cinnamon Cheerios® Honey Graham Crackers 100% Orange Tangerine Juice	Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit	Yogurt Parfait Land O'Lakes® Cheddar Cheese Stick New York Apple Slices	Honey Corn Loaf Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit
22	23	24	New York Thursday 25	26
Fruity Cheerios® Honey Graham Crackers 100% Apple Juice	Back to the Roots® Cinnamon Cluster Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Mozzarella Cheese Stick Fresh New York Apples	Whole Grain Croissant Served with Jelly Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit
29	30	31	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	
Sun Butter Cup Honey Graham Crackers Grape Jelly 100% Fruit Juice	Back to the Roots® Cinnamon Cluster Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit		

<p><u>Milk</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><u>Seasonal Fresh Fruit</u> Apples, Oranges, Bananas, Pears</p> <p><u>Canned Fruit</u> Peaches, Pears, Pineapples</p>	<p><u>OFFERED DAILY</u></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express / Breakfast in the Classroom menu</p>	<p><u>Cold Cereal Choices</u></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.