



MARCH 2017: K-8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>		1 Grilled Cheese Sandwich Frito-Lay® SunChips® <u>Eat Your Colors</u> Super Hero Spinach	New York Thursday 2 Assorted Hot Sandwiches Cookie Treat <u>Eat Your Colors</u> Cucumber Salad NY Apples	3 Macaroni and Cheese Warm Dinner Roll <u>Eat Your Colors</u> Baked Beans
		6 Crispy Chicken Tenders Dipping Sauce Cup Rold Gold® Heartzels <u>Eat Your Colors</u> Sweet Potato Wedges	7 100% Beef Hamburger Sliders Deluxe Toppings <u>Eat Your Colors</u> Seasoned Wedge Fries	8 Sweet & Sour Popcorn Chicken Sesame Lo-Mein <u>Eat Your Colors</u> Garlicky Green Beans
13 Popcorn Chicken Dipping Sauce Cup Dinner Roll <u>Eat Your Colors</u> Garlicky Green Beans	14 100% Grass Fed Beef Cheeseburger Deluxe Toppings Cookie Treat <u>Eat Your Colors</u> Sweet Potato Wedges	15 Jerk Roasted Chicken Drummie Long Grain Brown Rice <u>Eat Your Colors</u> Seasoned Wedge Fries	New York Thursday 16 Teriyaki Chicken Sliders <u>Eat Your Colors</u> Kale Salad Champlain Valley NY Apple Slices	17 Macaroni and Cheese Warm Dinner Roll <u>Eat Your Colors</u> Baked Beans
20 Crispy Chicken Parmigiana Sandwich <u>Eat Your Colors</u> Seasoned Wedge Fries	21 100% Beef Cheeseburger Sliders Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Wedges	22 Bite Size Tacos With Fresh Toppings Taco Sauce Baked! Tostitos® Scoops® Brown Rice <u>Eat Your Colors</u> Spring Mix Salad	New York Thursday 23 Cheese Steak on NY Hero Roll <u>Eat Your Colors</u> Roasted Zucchini Salad Bar Spring Mix Salad NY Apples	24 Macaroni and Cheese Warm Dinner Roll <u>Eat Your Colors</u> Baked Beans
27 Popcorn Chicken Dipping Sauce Cup Toasty Breadstick <u>Eat Your Colors</u> Seasoned Wedge Fries	28 Turkey Burger Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Waffle Fries	29 Teriyaki Chicken Sliders <u>Eat Your Colors</u> Super Hero Spinach	New York Thursday 30 Assorted Hot Sandwiches Cookie Treat <u>Eat Your Colors</u> Cucumber Salad NY Apples	31 Macaroni and Cheese Warm Dinner Roll <u>Eat Your Colors</u> Baked Beans

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, PB&J, and Cheese Sandwiches

Spice Station: Granulated Garlic, Red Pepper Flakes, Oregano

Dressings: Ranch, Honey Mustard, French

Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce

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MENUS ARE SUBJECT TO CHANGE